Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 04 Jul 2022 until 23:59 on Tuesday 05 Jul 2022

Forecast Issued on Sunday 03 Jul 2022 at 13:58 by Met Office Aberdeen

Confidence: High for details on Monday and for dry, bright Tuesday morning. Lower confidence on low cloud and rain detail on Tuesday afternoon and on Wednesday.

Headline for Monday 04 Jul 2022: Rather cloudy with frequent showers in morning, becoming fewer during afternoon. Cold, windy on the tops.

Mountain weather hazards on Monday 04 Jul 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain showers (night)	Heavy rain showers (night)	Light rain showers	Light rain showers	Light rain showers	Light rain showers	Light rain showers	Light rain showers
Precipitation probability							
50%	40%	60%	60%	50%	40%	30%	30%

Forecast for Monday 04 Jul 2022

Weather: Cloudy overnight and on Monday morning with frequent showers, heavy at times, especially over the north Highlands. Showers will become fewer and lighter in the afternoon with brighter spells developing.

Chance of cloud-free hill tops above 800m: 40% improving 70% in afternoon.

Low cloud and visibility: Extensive cloud cover at first around 600 to 700m with poor visibility on higher slopes and near to showers. Clouds lifting and breaking a little in the afternoon with mostly good visibility.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Met Office Mountain Weather Forecast

Forecast for Monday 04 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	29/37 W	28/37 W	32/42 W	31/42 W	27/39 W	29/40 W	26/37 W	25/34 W	24/34 W
900	28/36 W	27/35 W	31/41 W	29/41 W	27/38 W	28/40 W	25/36 W	23/33 W	23/33 W
600	20/29 SW	19/27 W	22/32 W	22/33 W	21/32 W	22/33 W	19/30 W	16/26 W	16/26 W
300	7/27 W	7/26 W	9/32 W	10/33 W	11/32 W	11/33 W	10/30 W	8/25 W	8/26 W
Glen	11/23 W	11/23 W	14/28 W	16/30 W	16/30 W	17/31 W	13/26 W	11/21 W	10/20 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/-2	4/-3	4/-3	4/-3	4/-2	5/-2	4/-2	4/-2	3/-2
900	5/-1	4/-2	5/-2	4/-2	5/-1	6/-0	5/-1	5/-1	4/-1
600	7/2	6/2	7/2	7/2	7/3	8/4	8/3	7/3	7/3
300	9/7	9/7	9/7	9/7	10/8	11/9	10/8	9/8	9/7
Glen	11/9	11/9	12/9	12/9	13/10	14/11	13/10	12/10	11/10
Freezing Level*	1600m	1600m	1600m	1600m	1600m	1600m	1500m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note unseasonably cold, windy conditions over higher ridges and summits.

Forecast for Tuesday 05 Jul 2022

Weather: The morning will be dry and bright with sunny spells. The dry, bright conditions becoming confined to east of area such as Caithness hills and around Ben Wyvis later in the day. Further west, damp, misty conditions will push in from the west coast during the afternoon with outbreaks of rain and extensive hill fog.

Maximum wind: West or northwesterly winds, average speeds on the tops of 25mph with gusts 40mph.

Chance of cloud-free hill tops above 800m: 80% decreasing 30% during evening.

Low cloud and visibility: Very good visibility during the morning with patchy cloud cover, bases about 700m. Poor visibility edging in from west coast during the afternoon with clouds coming well down the hills.

Temperature: **Glens:** 8 Celsius rising to 17 Celsius.
At 800m: Plus 7 Celsius rising to 11 Celsius during evening.
Freezing level: 1700m.

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